SPICE + LEAF



Roasted Brussel Sprouts with Rosemary Garlic and 18 Year Aged White Balsamic

By Debbie Kornberg

Elevate your Brussel sprouts with the fragrant Rosemary Garlic Salt blend. This easy to prepare dish and has a wonderful tangy flavor when using the 18 year aged white balsamic! Perfect for a family meal or when entertaining!

(Serving 4)

INGREDIENTS:

1 bag of Brussel Sprouts, about 2 lbs. cut in half or quartered

- 2 Tbsp. Olive Oil (Can use more if needed.)
- 2 Tbsps. SPICE + LEAF Rosemary Garlic Salt
- 2 Tbsps. SPICE + LEAF 18 Year Aged White Balsamic

DIRECTIONS:

- 1. Preheat oven to 425 degrees.
- 2. Wash Brussel sprouts and pat dry.
- 3. Using a cutting board cut Brussel sprouts in half or quarters.
- 4. Place Brussel sprouts in baking pan, (glass or aluminum) and drizzle olive oil over Brussel sprouts and toss so they are well coated. Sprinkle Rosemary Garlic Salt on Brussel sprouts and toss well again.
- 5. Place in oven and roast for about 25 30 minutes or until Brussel Sprouts are crispy and toasty brown on the outside.
- 6. Remove from oven when done.
- 7. Drizzle 18 Year Aged White Balsamic on Brussel sprouts and toss well.

Enjoy and Spice On!

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